

GUIDE TO BOLOGNA



INDIANA UNIVERSITY

**BOLOGNA CONSORTIAL
STUDIES PROGRAM**

INDEX

HOW TO COMMUNICATE 1-2

Telephone stores, international calls, emergency numbers, BCSP numbers, postal services

WHERE TO STUDY 3-4

Libraries, study halls open late, student cafeterias

HOW TO GET AROUND 5-6

Bus, taxi, train, bike

SHOPPING 7-13

Food, books, clothing, supplies, appliances, hair salons and more

WHERE TO EAT 14-16

Trattorie, taverns, pizzerie and much more

SPORT 17-21

Associations, teams, classes, gyms, outdoor activities

THEATER, MUSIC AND ART 22-23

Useful addresses, drama and art schools

INDEX

PLACES OF WORSHIP (NOT CATHOLIC)	24
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Useful addresses

WHERE TO DONATE YOUR CLOTHES	25
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At the end of the program



HOW TO COMMUNICATE

BUY AN ITALIAN SIM CARD FROM A PHONE COMPANY

VODAFONE

Via Indipendenza 25/A

TIM

Via Rizzoli 7B

ILIAD

Via Indipendenza 23 C/D

WIND

Via Indipendenza 41

PRACTICAL ADVICE

If you opt to pay by credit card, remember to change the payment method to a pay-as-you-go plan close to your departure. This will prevent the company from charging your credit card after you leave Italy. The number will expire after several months of not being used.

OUTSIDE ITALY:

If you travel to EU countries your plan will not change.
Make sure your cell phone is charged when you travel.

INTERNATIONAL CALLS

To make an international call, dial:

00 + country code + area code + phone number.

(USA: 00 + 1 + local area code + the phone number).

To receive a call from the USA, the person calling you must dial:

011 + 39 + cell phone number

(39 is the area code for Italy / 051 is the area code for Bologna).



HOW TO COMMUNICATE?

BCSP CONTACTS

Resident Director:

Dr. Andrea Ricci 340 802 6036

Assistant Director for Student Services:

Danielle Di Leo 338 543 4056

BCSP office number:

051 236486

Office opening hours:

Monday through Thursday from 10 a.m. to 5:30 p.m.

Friday from 10 a.m. to 1 p.m.

EMERGENCY CONTACTS

General emergency number: 112

Ambulance: 118

Firefighters: 115

US Embassy in Rome:

06 46741

POSTAL SERVICE

POST OFFICE OPENING HOURS

Monday through Friday from 8 a.m. to 1:30 p.m. and Saturday from 8 a.m. to 12:30 p.m.

The post office in via de Foscherari and the one in Via Grimaldi remain open from 8 a.m. to 6:30 p.m., Monday through Friday, on Saturdays from 8 a.m. to 12:30 p.m.

WHERE TO BUY ENVELOPES AND STAMPS

Envelopes can be found at stationery stores, tobacco shops, post offices or at Carta Market (Via Goito 5/a, hours: 9 a.m. - 1 p.m. and 3:30 p.m. - 7:30 p.m.). Stamps at tobacco shops and post offices.

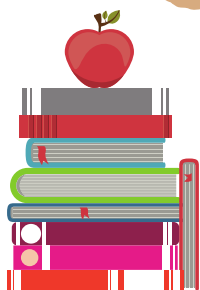
WHERE TO FIND A MAILBOX

Outside post offices and tobacco shops.

MAIL BOXES ETC.

On Via Amendola 2/A, open Monday through Friday, 9 a.m. to 1 p.m., 2:30 to 6:30 p.m.

At Via Giuseppe Massarenti 8/B, open Monday through Friday, 8:10 a.m. to 1 p.m., 3 p.m. to 6 p.m. Saturdays from 9 a.m. to 12:30 p.m.



WHERE TO STUDY?

UNIBO LIBRARIES AND STUDY HALLS

Sala studio Belle Arti

Via delle Belle Arti 8

Mon - Fri 9 a.m. - 8 p.m.

Sat 9 a.m. - 2 p.m.

Biblioteca Dipartimento Lingue e Letterature Straniere

Via Cartoleria 5

Mon - Fri 9 a.m. - 6:30 p.m.

Sala studio Ranzani

Via Ranzani 14

Mon - Fri 8:30 a.m. - 7 p.m.

Biblioteca Salaborsa

Piazza del Nettuno 3

Mon 2 p.m. - 8 p.m.

Tue - Fri 9 a.m. - 8 p.m.

Sat 9 a.m. - 7 p.m.

Sala studio Belmeloro

Via Belmeloro 10/12

Mon - Fri 9 a.m. - 7 p.m.

Istituto Storico Parri

Via Sant'Isaia 18

Mon - Fri 9 a.m. - 7 p.m.

Sat 9 a.m. - 2 p.m.

IF YOU WANT TO STUDY UNTILL LATE...

Palazzo Paleotti

Via Zamboni 25

Mon - Fri 8 a.m. - 12 a.m.

Sat and Sun 8 a.m. - 10 p.m.

Biblioteca Ezio Raimondi

Via Zamboni 36

Mon - Fri 9 a.m. - 11:50 p.m.

Sat - Sun 10 a.m. - 11 p.m.

Sala studio UniOne

Via Azzo Gardino 33

Mon - Fri 9 a.m. - 10:30 p.m.

Sat - Sun 11 a.m. - 7 p.m.

Sala studio Petroni

Via Petroni 13/B

Mon - Sun 8 a.m. - 12 a.m.

Sala studio Berti Pichat

Viale Berti Pichat 6

Mon - Sun 8 a.m. - 12 a.m.

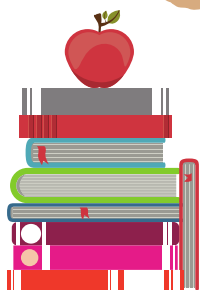
Biblioteca Walter Bigiavi

Via delle Belle Arti 33

Mon - Fri 8 a.m. - 12 a.m.

Sat 8 a.m. - 5:45 p.m.

Sun 9 a.m. - 5:45 p.m.



WHERE TO STUDY?

IF YOU WANT TO STUDY IN A COFFEE SHOP...

La Scuderia

Piazza Verdi 2

Mon - Sat 9 a.m. - 12 a.m.

Sun 10 a.m. - 12 a.m.

Papparé

Via De' Giudei, 2d

Mon - Sat 8 a.m. - 7 p.m.

Sun 9 a.m. - 7 p.m.

YOU Bubble Tea

Via De' Giudei, 6c

Mon - Sat 8 a.m. - 9 p.m.

Sun 11 a.m. - 9 p.m.

Caffé Belmeloro

Via Belmeloro 1/c

Mon - Thu 7:30 a.m. - 9 p.m.

Fri 7:30 a.m. - 10 p.m.

UNIVERSITY CAFETERIAS

La Scuderia

Piazza Verdi 2

Mon - Sat 9 a.m. - 12 a.m.

Sun 10 a.m. - 12 a.m.

Servizio di ristorazione Ingegneria

Viale Risorgimento 2

Mon - Fri 12 p.m. - 2:30 p.m.

(Closed on Saturdays and Sundays)

Mensa La Veneta

Via Zanolini 41

Mon - Fri 12 p.m. - 3 p.m.

(Closed on Saturdays and Sundays)

Bononia University Restaurant

Piazza Puntoni 1

Mon - Fri 8 a.m. - 11:30 a.m. / 12 p.m - 2:30 p.m.

(Closed on Saturdays and Sundays)



HOW TO GET AROUND?

BUS

Servizio TPER (Trasporto Passeggeri Emilia Romagna)

Where to buy tickets?

At tobacco shops (in which case, once you get on the bus, you **MUST VALIDATE YOUR TICKET**) or directly on the bus with a contactless credit card. Drivers cannot sell you a ticket.

APP: **ROGER** (Apple, Android), **MOOVIT** (Apple, Android).

What kind of tickets can I buy nearby the city center?

- One-way ticket: 2,30€ tobacco shops or TPER office corner of via Marconi/via Lame; 2,50€ on board (duration: 75 minutes from validation and you can use it on different buses);
- Day pass: 9€ (duration: 24 hours from validation);
- City Pass: 19€ (10 rides with a duration of 75 minutes each; to be validated at the beginning of each ride.)

How can I get to the city center from the airport or viceversa?

Marconi Express

TAXI

051 372 727 - **COTABO**

051 45 90 - **CAT/ItTaxi**

Where to find taxi nearby the city center?

Piazza Maggiore, Stazione Centrale, Piazza Malpighi, Via Farini (angolo Piazza Cavour), Via Indipendenza (in front of Hotel Regina), Viale 12 giugno (in front of Corte d'Appello). **Because of the T Days Saturdays and Sundays there could be no taxis in Piazza Maggiore and Via Indipendenza** on weekends.



HOW TO GET AROUND?

TRAIN

Central station is located in Piazza Medaglie d'Oro.

TRENITALIA - FERROVIE DELLO STATO

www.trenitalia.it (regional and high-speed trains)

ITALO

www.italotreno.it (high-speed trains)

BIKING IN BOLOGNA

RIDE MOVI

<https://www.ridemovi.com/>

Bike theft is widespread in Bologna: we recommend that you buy a second-hand bike from repair stores (where you can also resell your bike at the end of your stay):

- Alman Cicli - Via Petroni 16/c (Mon-Fri 9.30 a.m. – 12:30 p.m.; Mon Wed and Thu 3:30 a.m. - 9 p.m.; Tue 3:30 p.m. - 6 p.m.)
- Bike Empire - Via del Borgo di San Pietro 40 (Mon-Fri 11 a.m.-7:30 p.m.)
- Il Market delle 2 Ruote - Via S. Donato 1/c (Mon-Fri 8.30 a.m. – 12.30 p.m. e 3 p.m. – 7 p.m.; Sat 8.30 a.m. - 12:30 p.m.)
- Gira la Ruota - Via delle Tovaglie 15 (Mon-Fri 8 a.m.– 1 p.m. and 1:30 p.m. - 7:30 p.m.; Sat 8 a.m.– 1 p.m.)

**Bikes sold in Piazza Verdi/Via Zamboni are stolen
and it's illegal to buy them!**





SHOPPING

MOST OF STORES ARE OPEN FROM 10 A.M. TO 1 P.M. AND 3 P.M. TO 7:30 P.M.
MAJOR BRANDS AND STORES ON THE BUSIEST STREETS REMAIN OPEN ALL DAY (EXTENDED HOURS)
UNTIL 8 P.M.

MANY STORES CLOSE ON THURSDAY AFTERNOONS.

SUPERMARKETS

PAM, COOP, CONAD, CARREFOUR, LIDL, ALDI

ORGANIC FOOD

- NATURASI' (Via de' Toschi 5/E)
- AZIENDA AGRICOLA DEL PALLADINO (Via Galliera 31/A)
- DM (Via dell'Indipendenza 56)

MARKETS

- MERCATO DELLA TERRA DI BOLOGNA (farmer's market):
Via Azzo Gardino 65 <https://mercatoritrovato.it/>
- MERCATO DELLE ERBE (fruit, vegetables, meat, bread, cheese, fish):
Via Ugo Bassi 23
- PIAZZA ALDROVANDI: between Via San Vitale and Strada Maggiore
- MERCATO DI MEZZO: Via Clavature 12
- MERCATO ALBANI: Via Francesco Albani 10

PHARMACIES OPEN UNTIL LATE

- Farmacia Comunale Centrale - Piazza Maggiore 6;
Open 24/7
- Farmacia della Stazione - Stazione Centrale, Viale Pietro Pietramellara 22:
Mon - Sat 7:30 a.m. – 11 p.m., Sun 8 a.m. – 10 p.m.

TAKING YOUR TEMPERATURE IN CELSIUS

In Europe, body temperature is considered normal from 35.5 °C to 37 °C = 98.6 °F. From 37 °C to 37.5 °C is considered a mild fever. (38 °C = 100.4 °F / 39 °C = 102.2 °F / 40 °C = 104 °F)

If the temperature is above 40°C, see a doctor immediately or go to the ER at Sant'Orsola or Maggiore.



SHOPPING

SPECIALIST SHOPS

- ASIA MACH (Via Mascarella 81): Asian and international specialties
- DA YUAN MARKET (Via Altabella 21/a): objects and Asian specialties
- KALINKA (Via Galliera 63/a): Russian and Ukrainian specialties
- DROGHERIA DELLA PIOGGIA (Via Galliera 27): tortellini pasta with Majani chocolate, honey varieties, candies from around the world, hot chocolate preparations, household products
- DROGHERIA MURRI (Via Murri 49/f): honey varieties, risotti, olive oil, tex mex, peanut butter, pasta, household products
- STREGA TE TEA SHOP (Via Porta Nova 7/a): wide selection of tea and accessories

IF YOU'RE LOOKING FOR...

"TRAVEL SIZE" PRODUCTS AND CONTAINERS

- MUJI - Via Ugo Bassi 6 (slippers, towels, travel kit, earplugs, contact lense case, body wash and shampoo, stationary)
- TIGOTA' - Via Oberdan 19 / Strada Maggiore 25 / Via Marconi 16 / Piazza de' Celestini 6A / Via San Felice 98 / Via dei Mille 10/A
- TIGER - Via Zamboni 7/ Via Marconi 1
- DM - Via dell'Indipendenza 56 / Via Guglielmo Oberdan 24
- MINISO - Via Marconi 2

CHEAP SUITCASES

- SAFARI - Galleria Il Agosto 1980 n1; in front of the train station
- CARPISA - Via Indipendenza 16C - 16D, 16E

BOOKS

- FELTRINELLI - Piazza Ravegnana 1
- LIBRERIE COOP - Via degli Orefici 19
- LIBRACCIO - Via Guglielmo Oberdan 7
- LIBRERIA UBIK - Via Irnerio 27



SHOPPING

BOOKSHOPS SELLING AND BUYING USED BOOKS

- BOOKSTOP - Via Marsala 27/b
- NANNI - Via de' Musei 8
- LIBRACCIO OUTLET - Via Oberdan 7 / Piazza dei Martiri 5

ART SUPPLIES

- MESTICHERIA BOLOGNESE - Via San Felice 21
- BAZAR DEL PITTORE - Via delle Belle Arti 26/b

COMPUTER REPAIR

- FERRARI COMPUTER - Viale Masini 18
- SAM-LAB - Via Alessandrini 9/a
- APPLE STORE - Via Rizzoli 16

ESTHETICIAN

- UNIBEAUTY - Via Mascarella 79
- BEAUTY GOLD - Via Righi 6
- CENTRO ESTETICO LE FATE DI GIOVE - Via San Vitale 13

ORGANIC COSMETICS

- L'ERBOLARIO - Via dell'indipendenza 20F
- FLORB- Via Santo Stefano 29/c
- LA SAPONARIA - Strada Maggiore 35/c

GLASSES AND CONTACT LENSES

The drugstore sells only one brand of contact lense liquid.
If you need other brands, go to an optical shop.

- OTTICA VISION MARKET - Via de' Fusari 3/a (near to Piazza Maggiore)
- OTTICA GAMBINI - Via d'Azeglio, 75/A
- OTTICA BARDELLE - Via Augusto Righi, 32
- CENTRO OTTICO GUIDORENI - Via Indipendenza 24



SHOPPING

HAIR STRAIGHTENER, CURLING IRON, HAIR DRYER, ELECTRIC RAZOR

- JaDy - via dell'Indipendenza 37/F
- Idee in testa - via Altabella 3
- Tutto Capelli Estetica - via Rizzoli 38

HAIR SALON/BARBER SHOP

(Closed on Sundays and Mondays)

- ANNALISA SUMA - Via Marsala 8, @[hairmetriacolor](#)
- MILA PARRUCCHIERI - Piazza San Martino 3, @[mila_parrucchieri](#)
- HAIR GEAR CLUB - Via Polese 44A, <https://hairgearclub.com/2022/>
- MAGICA AMY HAIRSTYLIST- Via San Vitale 27a, @[magica_amyhairstylist](#)
- BARBERIA MARCHI - Piazza Cavour 5 (historical shop), <https://anticabarberiamarchi.it/>
- I LOVE RICCIO - Largo Caduti del Lavoro 1H, <https://www.ilovericcio.com/it/>
- MICHELE CASSALA PARRUCCHIERI (specializing in curly and afro hair) - Via Sardegna 21/C, @[mcparrucchieri](#)
- TRECCINE AFRO E EXTENSION - Via Piana 2, @[treccine_afro_bologna](#)

VOCABULARY TO USE AT HAIR SALON/BARBER SHOP

Una spuntata = trim

Le doppie punte = split ends

Scalare i capelli = to layer

Lisciare i capelli (portare i capelli lisci) = to straighten, style straight

Capelli ondulati/capelli mossi = wavy hair

I boccoli = ringlets

Frisé = crimped hair

Arricciare i capelli (portare i capelli ricci) = to curl, style curly

Tingere i capelli = dye hair, to color

Colpi di sole = highlights

Farsi le meches = streak hair

Riflessi naturali/ colpi di sole = natural streaks / highlights

Acconciatura/pettinatura = hairstyle

Frangia/frangia = bangs

Portare i capelli sciolti = leave hair down

Il caschetto = bob

Le extensions = extensions

Fare la treccia = to braid

Coda di cavallo = pony tail

La molletta = hair clip

I ferretti/ le forcine = bobby pins

Sfoltire = to take away thickness

Il ciuffo = tuft of hair

La cresta = mohawk

I rasta = dread locks

Le basette = "Elvis Presley" type sideburns



SHOPPING

SHOEMAKER

- GIOVANNI MALIN - Via Malcontenti 7/b
- TACCO D'ORO - Via Marconi 28/b (next to PAM supermarket)

TAILOR SHOP

- FATTO&RIFATTO - Galleria del Pincio 1/e (Via Indipendenza)
- CASA DELLA CHIUSURA LAMPO - Via San Vitale 2 (riparazione zip)
- MR. CUCITO (servizio express) - Via S. Felice, 5/A

SPORT CLOTHES AND ACCESSORIES

- DECATHLON - Via Rizzoli 9
- FINI SPORT - Via Indipendenza, 52/Piazza VIII Agosto 4/d
- PLAY SPORT EMPORIO - Piazza Manfredi Azzarita 1
- NIKE - Via Rizzoli 3

FOR YOUR HOME...

ELECTRICIANS

- BAIT & BORGHI - Via Volturmo 7
- BOTTEGA DELLA LUCE - Via Clavature 18/a
- BALBONI E POGGI - Via Galliera 63

HARDWARE STORE

(for water bottles, drying rack, fan, mosquito net)

- CASTALDINI - Strada Maggiore 7A
- FERRAMENTA SAN VITALE - Via S.Vitale 79
- TEDESCHI - Via Farini 24/f
- BORIANI - Via Montegrappa 12/D

KEY DUPLICATION STORE

- BOTTEGA DELLA CHIAVE - Via Piella 10/a (available 24/7 blacksmith: +39 051 264 982)



SHOPPING

FOR YOUR HOME...

FURNITURE and DECORATIONS

- MAISON DU MONDE - Via Rizzoli 28.
- ZARA HOME - Via Rizzoli 10
- KASANOVA - Via Ugo Bassi 11/a / Via Marconi 24 e 45
- TIGER - Via Zamboni, 7 / Via Marconi 10
- AUMAI - Via Riva di Reno 2
- LA CASA DEL TEGAMINO - Via Marconi 20/E
- CASALINGHI - Via Marconi 9/b
- KASASTORE - Via delle Moline 22

LAUNDROMATS

- LAVA E LAVA - Via Azzo Gardino 6, Via Irnerio 19/b

USEFUL VOCABULARY

Fare la lavatrice / fare il bucato = to do laundry

Detersivo = laundry soap / liquid

Ammorbidente = Fabric softener

Detersivo per i capi delicati = laundry soap for delicates

Omino bianco = product to bring out the white in whites

La centrifuga / centrifugare = spin cycle / run the spin cycle

Lo stendino / stendere = drying rack / to hang dry



SHOPPING

FOR YOUR HOME...

USEFUL KITCHEN VOCABULARY

Icing = la glassa

Flour = la farina

Maple syrup = lo sciroppo d'acero

Corn syrup = lo sciroppo di mais

Brown sugar = lo zucchero di canna

Powder sugar = lo zucchero a velo

Baking soda = il bicarbonato di sodio

Honey = il miele

Vanilla = la vaniglia

Biscuit = il biscotto

Butter = il burro

Egg/s = l'uovo/le uova

Batter = l'impasto

To bake = infornare

To mix = mescolare

To frost = glassare

To dust = spolverare

To sugar = zuccherare

To shred = sminuzzare

Pan = la padella

Frying pan = la padella per friggere

Baking pan = la teglia

Oven = il forno

Baker = il panettiere

Measuring spoon = il misurino

KITCHEN METRIC CONVERSION

1 liter = 2.11 pints

1 pint = 0.47 liters

1 liter = 1.05 quarts

1 quart = 0.95 liters

1 liter = 0.26 gallons

1 gallon = 3.79 liters

1 gram = 0.035 ounces

1 etto (100 grams) = 0.25 pounds

1 kilogram = 2.2 pounds

0°C = 32°F

100°C = 212°F



WHERE TO EAT?

TRATTORIE

TRATTORIA MARIPOSA - Via Bertiera 12

NONNA AURORA - Via Fioravanti 45/b (famous lasagna)

OSTERIA AL 15 - via Mirasole 13

TRATTORIA DI VIA SERRA - Via Luigi Serra 9/b

TAVERNS/OSTERIE

OSTERIA DELL'ORSA - Via Mentana 1/f

OSTERIA DELL'INFEDELE - Via Gerusalemme 5/a

OSTERIA LE SETTE CHIESE - Via Borgonuovo 6/b

TRICHECO OSTERIA - Via Rialto 23/a

PIZZERIE

MICHELEMMMA' - Via Riva di Reno 60

RANZANI 13 - Via Ranzani 13

ZAPAP PRATELLO - Via del Pratello 31

BERBERE' - Via Petroni 9c

SPAN PIZZERIA - Via Goito 3

VEGETARIAN RESTAURANTS

CLOROFILLA - Strada Maggiore 64

ZENZERO - Via Fratelli Rosselli 18

FRAM CAFFE' - Via Rialto 22

UNO CAFFE' OLLISTICO - Via Guglielmo Oberdan 27a

LUNCH DOWNTOWN

FRESH PASTA (TAKE-AWAY)

PASTA FRESCA NALDI - Via del Pratello 69

SFOGLIA RINA - Via Castiglione 5/b

PIADINA TAKE-AWAY

LA TUA PIADINA - Via Borgonuovo 17/a

PIADINA PRATELLO - Via del Pratello 51

PIADA MIA - Via Zamboni 5/a

GELATO

CREMERIA SANTO STEFANO - Via Santo Stefano 70/c

CREMERIA CAVOUR - Piazza Cavour 1/d

GELATERIA GIANNI - Via San Vitale 2/a

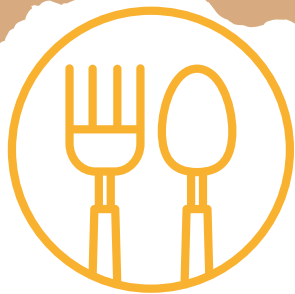
CREMERIA MARCONI - Via Marconi 18/d

SABLE' - Via dei Mille 3/a

If you like jazz,
you'll enjoy live music
at Cantina Bentivoglio
(Via Mascarella 4/B).



Lunch, aperitif, dinner
in the university area:
Camera a Sud
(Via Valdonica 5)



WHERE TO EAT?

BRUNCH

ESTRAVAGARIO (brunch vegetariano) - Via Mascarella 81

LAMPADINA CAFE' - Via Barberia 34

5 EURO LUNCH

BABILONIA KEBAB - Via del Pratello 17/b (Turkish and Greek cuisine)

PIZZERIA DUE TORRI - Strada Maggiore 3/2/A (pizza slices)

LA TUA PIADINA - Via Borgonuovo 17 (piadine)

TEA BREAK

NAAMA CAFE' - Via Guglielmo Oberdan, 31b

GOOD COFFEE

TERZI - Via Oberdan 10/d (coffee tasting classes available)



ITALIAN-STYLE APERITIF



When Italians decide to go out with friends, the “aperitivo” is a must! It's possible before lunch or dinner time, and it's usually the cheapest option for students: an aperitivo can cost from € 5 to € 15. And remember: if you go out for an aperitivo you won't have to eat beforehand. Often you'll find a buffet or you'll be served something to eat along with your drink!

CHEAPEST APERITIFS FOR STUDENTS

OSTERIA DEL SOLE - Vicolo Ranocchi 1/d (you have to bring food with you; it's a really authentic place: the oldest tavern in Bologna!)

MIKI & MAX - Via Orfeo 24

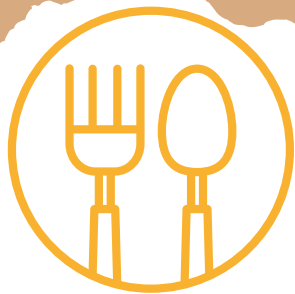
BAR MAURIZIO - Via Guerazzi 22

OTHER APERITIFS

051 ZEROCINQUANTINO - Via Pescherie Vecchie 3/f

MARSALINO - Via Marsala 13/d

FABRIK - Via Righi 32/e



WHERE TO EAT?



ETHNIC RESTAURANTS



MEDITERRANEAN AND MIDDLE EASTERN CUISINE

TO STEKI (Greek) - Largo Respighi 4e

AL-KANTARA (Moroccan) - Via Giacomo Matteotti 28/F

PANE GEORGIANO (Georgian) - Via Sebastiano Serlio 32a

BEIRUT SNACK (Lebanese) - Via delle Moline 14/B

PARS (Persian) - Via Pietro Lianori 16a

KABULÀGNA (Afghan) - Via Aurelio Saffi 81/d

ASIAN CUISINE

TAJ MAHAL (Indian) - Via San Felice 92e

NAGA THAI KITCHEN (Thai) - Via Augusto Murri 154d

SOON (Korean) - Viale Antonio Silvani 10/h

YUZUYA (Japanese) - Via Nicolò Dall'Arca 1i-l

SENTAKU RAMEN BAR (Japanese - ramen specialty) - Via delle Lame 47/c

XIANG SHOW (Chinese) - Via del Borgo di San Pietro 45

FRATELLI VIETNAM (Vietnamese) - Via Broccaindosso 69a

AFRICAN CUISINE

ADAL (African) - Via Giorgio Vasari 7

HABESHA (Ethiopian) - Via Ferrarese 113/a

LATIN AMERICAN CUISINE

PIEDRA DEL SOL (Mexican) - Via Goito 20a

AIRES DEL PLATA (Argentine) - Via dell'Abbadia 4c



SPORT

C.U.S.B. (CENTRO UNIVERSITARIO SPORTIVO BOLOGNESE)

Via San Giacomo 9/2 opened Monday-Friday from 9:15 a.m. to 2 p.m.

Student association offering many activities, such as water sports, fitness and dance classes, individual sports, group sports (www.cusb.unibo.it).

To register and get a C.U.S.B. card, go to the office on Via San Giacomo 9/2 with your university badge, a passport-size photo and 13 euros (which includes insurance coverage).

You may need a doctor's certificate to register for some courses. You can schedule an appointment with the doctor through the C.U.S.B. office. The medical examination costs about 10 euros. You can also get the card at the UNIBO Store at Piazza Verdi 2/A Monday through Friday from 10 a.m. to 5 p.m.

OUTDOOR ACTIVITIES

CLUB ALPINO ITALIANO (CAI)

Classes include: cross-country skiing, climbing, cycling, rock climbing, caving. Trekking Col Treno, <https://trekkingcoltreno.it>
www.caibo.it

TREKKING ITALIA

Via dell'Inferno 20/b, www.trekkingitalia.org

COOPERATIVA MADRESELVA

Hiking and environmental education <http://www.coopmadreselva.it/>

SCI CLUB EUROPA

www.sciclubeuropa.it

CYCLING AND MOUNTAIN BIKING

You can ask for infos about teams at local bike shops or check on UISP Bologna website under "Ciclismo": www.uispbologna.it.

DIECICOLLI: annual bike competition taking place on the first week of May in town and in the countryside. www.diecicolli.it.



SPORT

CYCLING TOURISM

Cities such as Ferrara or Parma encourage cycling as ecological options to visit old towns and surroundings. From Ferrara you can cycle up to river Po' banks; from Busseto (in the province of Parma) you can cycle up to Roncole Verdi, where famous composer Giuseppe Verdi was born.

www.ferrarainbici.it, www.infomobility.pr.it

HORSE-RIDING

Maneggio Cavaioni. Via Cavaioni 3, tel. 051 589 218, www.maneggiocavaioni.com

MAY FLY BOLOGNA (FISHING)

<https://www.facebook.com/groups/126429355380/>

BOLOGNA PARKS



GIARDINI MARGHERITA

Viale Gozzadini - The historical center park. Perfect for anyone who enjoys running or playing frisbee, basketball, soccer.

SAN PELLEGRINO PARK

Trail CAI 914 starts from via Saragozza, corner of Via Casaglia, behind Villa Spada, home to Museo del Tessuto e della Tappezzeria. Don't miss the panoramic viewpoint on the wonderful Basilica di San Luca. You'll also find a unique outdoor caffè "Trecento Scalini" (*Threehundred Steps*): the caffè is located behind a little vineyard, next to an herb garden.

DELLA CHIUSA PARK

Casalecchio di Reno, autobus 20 (get off at San Martino stop) - Very large park worth exploring by foot, running or cycling.

VILLA GHIGI

Via San Mamolo: main entrance at Villa Chigi bus stop (follow Via San Mamolo, keep the right and go past house numbers 95, 99, 105 through Via Gaibola). Beautiful park on the hills, full of vineyards and paths, just outside the center offering a breathtaking city view.



SPORT

METRIC CONVERSION

1 cm = 0.39 inches

1 meter (100 cm) = 3.28 feet

1 kilometer (1000 meters) = 0.62 miles

1 mile = 1.6 kilometers

1 gram = 0.035 ounces

1 etto (100 grams) = 0.25 pounds

1 kilogram = 2.2 pounds

INDOOR ACTIVITIES

UISP (UNIONE ITALIANA SPORT PER TUTTI)

Offers all kinds of sports: from soccer to scuba diving! The gym nearest to the city center is: Palestra Orizzonte Benessere, Via Sante Vicensi 1.

www.uisp.it/bologna

GYMS

PALESTRE ITALIANE - Via San Felice 99

PALESTRA PERFORMANCE - Via N. Sauro 1/2

PALESTRA REFRAN - Via del Fico 4 (discount for BCSP students)

FIT LIFE - Via Andrea Costa 131/2a

SEMPRE AVANTI STADIO - Via Andrea Costa 174

SWIMMING POOLS

For full list, info, opening times and classes: www.cusb.unibo.it (under "impianti sportivi"), www.2torri.it/piscine, www.sogese.com.

Piscina Stadio - Via dello Sport 4

Piscina Comunale Sterlino - Via Murri 113

Piscina Record - Via del Pilastro 8

Piscina Comunale Vandelli - Via di Corticella 180/4

Piscina Tanari - Via Varthema 19



SPORT

CLASSES

YOGA/PILATES (SOME STUDIOS ARE PART OF C.U.S.B., SEE ABOVE)

CENTRO YOGA LE VIE - Via D'Azeglio 35
ASIA - Via Riva Reno 124
CENTRO NATURA - Via degli Albari 6
YOGA REVOLUTION - Via Ugo Bassi 25
YOGA MOOD STUDIO - Via Savanella 1/e

DANCE (SOME STUDIOS ARE PART OF C.U.S.B., SEE ABOVE)

SOLARIS - Via Farini 24
SPAZIO DANZA - Via Baruzzi 1/2 www.spaziodanza.com
BOLOGNA DANZA - Via Azzo Gardino 50 www.bolognadanza.com
ALMADANZA - Via del Carrozzaio 15 - www.almadanza.it

SOUTHERN ITALIAN FOLK DANCE

Tarantarte www.tarantarte.it

TENNIS

TENNIS Dlf - Via Sebastiano Serlio 25
NETTUNO CLUB - Via Francelli Petronio 5
CIRCOLO TENNIS - Viale R. Cristiani 2 (Giardini Margherita)
VIRTUS TENNIS - Via Galimberti 1

FOOTBALL

BOLOGNA WARRIORS, www.warriorsbologna.it
Stadium is at Via degli Orti 60

BOLOGNA SHARKS (LACROSSE)

<https://bolognalacrosse.webs.com/>



SPORT

SOCCER

Soccer is the traditional sport in Italy. You can find details on the Bologna team on this website: www.bolognaafc.it

Stadio Renato Dall'Ara: Via Andrea Costa 174 (zona Saragozza).

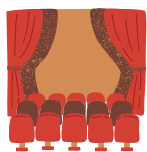
To buy tickets, go to Piazza Maggiore tourist office or on this website: www.ticketone.it

FUBLES association (www.fubles.com) hosts bounce matches for everyone. Matches are held everywhere in the city center and you can register online.

BASKET

For any basket fan, in Bologna you can find two professional teams: Virtus (www.virtus.it) and Fortitudo (www.fortitudo103.it).

Fortitudo plays at Palazzetto dello Sport in the center (Paladozza Land Rover Arena in Piazza Azzarita). Virtus plays at Unipol Arena in Casalecchio di Reno (Via Gino Cervi 2).



THEATER, MUSIC, ART

THEATERS

TEATRO COMUNALE (MUNICIPAL THEATER)

It's **one of the most important opera theaters in Italy**, Largo Respighi 1 (Via Zamboni). Check this website for shows: www.tcbo.it.

Unibo students can get reduced tickets presenting Unibo badge at the ticket office (Tue. - Fri. 12 p.m. - 6 p.m. and Sat. 11 a.m. - 3 p.m.).

Last minute tickets are sold from Monday to Saturday 2 hours before the show and 15 minutes after the start (on Sundays 1 hour and a half before and 15 minutes after).

ARENA DEL SOLE

Via Indipendenza 44 - bologna.emiliaromagnateatro.com

Reduced tickets for BCSP students.

TEATRO DUSE

Via Cartoleria 42 - www.teatrodusebologna.it

EUROPAUDITORIUM

Piazza Costituzione 4 - www.teatroeuropa.it

TEATRO DEHON

Via Libia 59 - www.teatrodehon.it

TEATRO DEL NAVILE

Via Marescalchi 2/b - www.teatrodelnavile.org

TEATRO DELLE CELEBRAZIONI

Via Saragozza 234 - www.teatrocelebrazioni.it

TEATRO DELLE MOLINE

Via delle Moline 1 - bologna.emiliaromagnateatro.com

TEATRO MANZONI

Via de' Monari 1/2 - www.auditoriummanzoni.it

ACCADEMIA FILARMONICA DI BOLOGNA

Palazzo Carrati, Via Guerrazzi 13 - www.accademiafilarmonica.it

MATCH D'IMPROVVISAZIONE TEATRALE

<https://www.alma-teatro.it>



THEATER, MUSIC, ART

CLASSES

THEATER SCHOOLS

LABORATORIO MOLINE - <http://bologna.emiliaromagnateatro.com/laboratori>

TEATRO DEL NAVILE - www.teatrodelnavile.org

SCUOLA DI TEATRO DI BOLOGNA - www.scuoladiteatro dibologna.it

SCUOLA DI TEATRO COLLI - www.scuoladiteatro colli.it

TEATRO DEL PRATELLO, BOTTEGHE MOLIERE project - www.teatrodelpratello.it

ART AND DESIGN SCHOOLS

DRAWING AND PAINTING CLASSES, DEMETRIO CASILE - www.casile.it

DRAWING AND PAINTING SCHOOL - www.disegnaredipingere.it

ATELIER TERRAROSSA (pottery) - www.facebook.com/Atelierterrarossa

MAURIZIO TANGERINI - www.mauriziotangerini.it

VOICE, GUITAR, PIANO AND VIOLIN LESSONS

MERRY MELODIES - Via Piella 6/b

(Managed by a BCSP alumnus, Michael Brusha)

ASSOCIAZIONE DOPO LAVORO FERROVIARIO DLF Bologna (su Facebook)

CHIAVI DI ASCOLTO www.chiavidascolto.org

DORIANA MILAZZO Doriana Milazzo www.dorianamilazzo.com

STUDIOS

LABORATORIO MUSICALE VILLA MAZZACORATI - Via Toscana 19,
www.mazzacorati.it

MUSIC STUDIO - Via Massarenti 48/L, www.musicstudio.it

PRELUDIO - Via Porrettana 9/6, www.preludio.org

CONTAINER CLUB - Via dello Stallo 7

REALSOUND - Via Polese 1/a, www.real-sound.org



PLACES OF WORSHIP NON-CATHOLIC

Congregazione Anglicana di Bologna (Bologna Anglican Congregation)

Contact Dr Stephen Williams, cell. 347 816 4535

Centro di Cultura Islamica/Moschea An-Nur, La Luce (Islamic Cultur Center/An-Nur mosque, La Luce)

Via Pallavicini 13, tel. 051 601 1116 - www.corano.it

Chiesa Greca Ortodossa di San Demetrio (San Demetrio Greek Orthodox Church)

Via dei Griffoni 2, tel. 349 579 3915

Comunità Ebraica di Bologna (Bologna Jewish community)

Via de' Gombruti 9, tel. 051 232 066 - www.comunitaebraicadibologna.it

Bologna Jewish community often hosts kosher dinners.

Kosher products in Italy: www.italykosher.com

Chiesa Evangelica di Bologna (Bologna Evangelic Church)

Vicolo Mariscotti 1, tel. 335 819 3060

www.chiesaevangelicadibologna.org

Forte Torre Chiesa Evangelica (Forte Torre Evangelic Church)

Via Castiglione 56

www.fortetorre.org

Chiesa Cristiana Evangelica Nuova Vita (Nuova Vita Evangelic Christian Church)

Via Provaglia 5/2, tel. 051 587 4072

www.nuovavita.org

www.bolognabible.org

Chiesa Evangelica Bologna ADI (Bologna ADI Evangelic Church)

Via Franco Bolognese 6

www.adibologna.it

Chiesa Evangelica Metodista di Bologna (Bologna Methodist Evangelic Church)

Via Giacomo Venezian 1

www.methodisti.info



WHERE TO DONATE YOUR CLOTHES

AT THE END OF THE PROGRAM

HERA DUMPSTER

HERA bins are located on the street. Put the clothes you want to donate in a closed plastic bag. Find bins at the beginning of Via San Donato, Via Massarenti (where COOP supermarket is), via Sabotino, via Andrea Costa (where Via Audinot starts), and at the entrance of Giardini Margherita at Porta Castiglione.

HUMANA VINTAGE

Via Augusto Righi 16

ANT

Via Jacopo di Paolo 36



ASSOCIATION: AMICI DI PIAZZA GRANDE, ONLUS

Via Stalingrado 97/2
www.piazzagrande.it

VINTED (app)

www.vinted.it